



The 2019 Grand Prix Club Challenge

USATF Mid-Atlantic clubs can compete for cash awards in the 2019 Grand Prix Circuit. Simply identify your club affiliation on your 2019 membership form and USATF-MA will track and tabulate the race results. Teams will be comprised of the five fastest (age graded) 2019 USATF Mid-Atlantic members, at least one of whom must be female.

Circuit races in 2019:

- Fireside Frostbite 5 Miler - February 23
- *Haddonfield Adrenaline Run 5K – March 16
- Valley Forge Revolutionary 5 Mile Run – April 28
- Blue Cross Broad Street Run 10 Mile – May 5
- *Scott Coffee 8K - June 1
- Main Line Run 5K - September 8
- *Delaware Distance Classic 15K - October 13
- *Cooper Norcross Run The Bridge 10K – November 3
- *Rothman Institute 8K & Half Marathon* – Nov. 23, *Philadelphia Marathon Nov. 24

RULES:

- ❖ Any 2019 USATF Mid-Atlantic Association Club is eligible to field a team.
- ❖ Runners identify their club team affiliation when they submit their individual USATF membership for 2019.
- ❖ *Unattached* runners who have already registered for 2019 should notify USATF Mid-Atlantic in writing if they wish to be affiliated with a club (email: doreencoubs@aol.com)
- ❖ USATF rules concerning club changes will be observed – a 90-day waiting period is required!
- ❖ Team scoring will be based on up to 5 club members with the highest age-grade scores. For 4 or 5 runners to score, **at least 1** must be female. (All scoring runners may be female.)
- ❖ Team scores will be calculated for the best **8 events** in 2019 (lowest score/s is dropped).
- ❖ ****A club's best scores across the 3 Grand Prix races held on November 23 and 24 may be used by the club to score 5, 10 or 15 members. If a club runner completes two of these races only his/her (one) best score will be used.**
- ❖ Team members must obtain Mid-Atlantic membership **BEFORE** a race to be scored in that race.
- ❖ Team scores will be determined by adding the scoring members' age-graded percentages. We use the 2015 World Masters Athletics tables to determine those percentages
- ❖ Year end cash awards will be: 1st \$1200, 2nd- \$900, 3rd- \$675, 4th- \$475, 5th - \$325, 6th - \$200, 7th- \$125, 8th- \$75, 9th- \$50, 10th- \$50.
- ❖ The USATF Club Challenge is a separate competition not affiliated with the host race's team competition. See the LDR/Grand Prix pages on our web site: www.mausatf.com for more information.

*Indicates Mid-Atlantic Championship Race

Disclaimer of Liability:

USA Track & Field Mid-Atlantic, its officers, members, and any or all sponsors of this off-road series disclaim any responsibility or liability for injury, loss or damages arising from your participation in this series. You assume full responsibility for being physically healthy and having sufficiently trained to enter races in this series and accept all risks, if any, consequent to your decision to participate in these races. Further, your participation in this series

testifies to your permission for free use by USA Track & Field Mid-Atlantic, series sponsors, and each race in the series of your name and picture in any broadcast, telecast, or print media account of the series¹

¹ Updated 1/11/2019