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In attendance:

- 20 members in attendance

Annette White introduced herself as the financial secretary that would be facilitating the meeting in absentia of the President Sharnette as she was out of the country, and introduced Kisha Vaughn secretary, Doreen McCoubrie membership chair, Mike Hemsley law & legislation, and election committee. Monique made a motion to begin the meeting, and it was seconded by Earl Edwards. Annette asked for nominations for delegates for the annual meeting. The annual meeting will be held in Columbus, OH from Thursday, November 29<sup>th</sup>-Sunday, December 3, 2017. It was asked if the 14+1 delegates that we are allowed does that include the essential people that must attend because of their position within the association. Yes, the delegates include the essential people (Ex Officio-and they are not voted on), and Monique stated that an international athlete as well, but that information was released about a week ago. It was stated that we would have Sharnette would reach out to our international athletes. Annette stated that some people may not be assigned to go to specific meetings, but they will be reimbursed for a portion of their fees. Reimbursement for the meeting is the registration fee of \$195 plus a percentage of hotel/airfare that may come out to be approximately \$500. Monique stated that if someone is not assigned to a meeting that that delegate will have emergency responsibilities if someone does not show up or is stuck in another meeting and cannot attend a certain meeting. The requirement for reimbursement is that the delegate completes a report for the meetings that they attend. Annette will send an email to the delegates with the voucher they need to submit along with their receipts and report for reimbursement. Annette would like to have everything in before the close of the year to close out the books for 2017 in preparation for 2018.

Delegates are as follows:

1. Ken Yerger
2. Paul Poise
3. Susan Nespahal
4. Angie Gordon
5. Sharnette Handy-Hall\*



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6. Terrance Wellman
  7. Paul Isaac
  8. Solomiya Logan
  9. Doreen McCoubrie
  10. Annette White
  11. Nelson Berrios\*
  12. Robin Jeffers
  13. Earl Edwards\*
  14. Ed Richardson\*

Mike stated that with the list of delegates we have 14 nominations there is no need for a secret ballot and can be voted on by unanimous consent. Annette asked all in favor to accept the delegates say "I", any opposed say "nay", there were no nays, and the delegates were accepted.

Election of the three sports committees was explained by Mike Hemsley head of the nominations committee that they serve for 2 years, membership elects up to 9 members and the president appoints 3 others or fills the vacancies if necessary. Mike will take any elections from the floor and he will make a ballot.

- Long Distance Running (LDR) slate:
  - ❖ Steve Clarke
  - ❖ Tom Jennings
  - ❖ Tom Steenkamer
  - ❖ Dave Thomas
  - ❖ William Wright

Mike asked if there were any other nominees for LDR. Kristine Longshore nominated Paul Isaac. There were no other nominees Mike moved that the ballot be accepted by common consent and it was seconded. All in favor there were none opposed, and slate accepted.

- High Performance (HP)
  - ❖ Michelle Getchell



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- ❖ Rogers Glispy
  - ❖ Rohan Grant
  - ❖ Carl Grossman
  - ❖ Jelani Knight
  - ❖ Solomiya Logan
  - ❖ Kristine Longshore
  - ❖ Kyle Mecklenberg
  - ❖ Lamar Moore
  - ❖ Ed Richardson
  - ❖ William Wright

Mike asked if there were any other nominees. Kristine stated that Kyle sent an email stating that he was withdrawing from the slate for health reasons, which left a slate of 10. A contested an election Mike will have ballots copied for voting after reading the youth slate.

➤ Youth

- ❖ Nelson Berrios
- ❖ Angie Gordon
- ❖ Lance Gordon
- ❖ Sharnette Handy-Hall
- ❖ Wayne Hassler
- ❖ Marcus Holman
- ❖ Kisha Vaughn
- ❖ Terrance Wellman
- ❖ Annette White
- ❖ Cynthia Young

Mike asked if there were any other nominees for youth. It was asked about Leo Cheaton, his membership expired cannot be nominated leaving a slate of 10.

Mike will have ballots made and we can continue on with the agenda.



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## President's Report

No Report

## Vice President's Report

No report

## Secretary's Report

No report

## Treasurer's Report (See Attached)/Financial Secretary Report

Wayne reported the following

- System in place running well
- All bills paid
- Invested monies are doing well

He stated if anyone had a question as to how things were being handled please bring it up now. Tom asked about the individual membership not being broken down by individual sports committees. Annette stated it is listed under administrative now, because it becomes tedious to go through the entire membership and see where each member belonged, especially when some members have more than one designation we do not split the membership fee. The sanctions and clubs still remain under the individual committees, but not the membership fees. Monique stated that many of the associations do not split membership as well. Earl stated when the budgets come up the committees should focus on what they need to run the committee, not what monies they think they brought in. Wayne mentioned that to date we put our \$78,000.00. Annette explained that money that comes out from USATF is listed on the budget sheet, because it comes out automatically, the expense report (see attached) is for when the credit card and checks were written, and we have spent \$73,000.00 but that does not include the upcoming x-country youth meet and banquet. In the bank we have about \$25,000.00, and our investments are about \$85,000.00. If anyone wants to see the paperwork on the investments Wayne has it. Tom asked under the LDR revenue there seems to be a very big jump in sanctions the past two years. Annette explained we increased our fees, because USATF increased their fees we increased ours. He said it was a big difference, and Annette explained in order for us to succeed as an association we need to get more money, and we need to get sponsors for the youth meet, because we have to put on these meets to meet our accreditation. If we do not put on the required meets we will lose our accreditation. It was asked if the youth meet sanctions are not as lucrative, and Annette explained that LDR has a lot of big races like the Broad Street Run, all the 5k races go under LDR unless it is a youth meet. LDR generates more because they have bigger events, and the sanctions are based on the number of participants. Earl restated that we are looking for sponsorship for any group we have, especially the youth, please let us know.

## Elections

- ✚ Mike handed out ballots to vote for up to 9 members for HP and Youth Committees. He asked for 3 people to tally the ballots one should be an athlete. The tally committee was Mike Hemsley, Kristine Longshore, and Kyle Lanier. Earl asked do we have to vote,



for Sharnette since she is the president and is a part of all the committees. Mike stated she is Ex Officio to all committees, leaving 9 members for Youth. That committee will be unanimous consent. Only one committee will be counted.

## Committee Reports:

### *Sports Committees*

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#### *High Performance*

- Ed Richardson mentioned that September 29-October 1, 2017 @ CCP is a Level 1 school for anyone looking to get there coaching credentials
- Mid-Atlantic was awarded the bid for World Team Championship trials next spring for Racewalk. There was some behind the scenes work with a bid put in from Spokane offering staggering awards of up to \$10,000.00 for the winner, a major deal. However the athletes had a significant caucus at the meeting for site selection said they wanted it in Philadelphia. They liked the total ambiance and everything that occurred during the Pan Am trials. The athletes loved it and wanted to return. It will be April 8, 2018. It was asked how many athletes would be anticipated, Ed stated a maximum of 100 walkers, unfortunately the masters racewalk was separated, and it will be held in New Jersey. Ed states that we held a youth, junior, and open race, and was very pleased by the course and music.

#### *Long Distance Running (See Attached)*

- Tom Jennings reported in absentia of the retiring chair Tom Hardy, and explained a little bit about what LDR does. He read report about the Grand Prix Challenge, Off-Road Series, Cross Country, and Mountain/Ultra Running.
  - ❖ Monique asked if LDR was going to man a table at the Philadelphia Marathon Expo, and we will have a table. Tom asked if any other committees have information they would like presented let him know and get it to him at least a week before the marathon which is Friday, November 17<sup>th</sup> and Saturday November 18, 2017. Also if anyone is available to volunteer to man the table let him know.

Annette interjected that we would have a run off for HP Committee; Mike is preparing a ballot for that.

#### *Youth Athletics*

- Association Cross Country @ Belmont Plateau November 4, 2017
- Association Indoor @ Widener January 14, 2018
- Association Outdoor @ Widener June 15-17, 2018
- Possibly Region 2 Outdoor in 2018 depending on a conversation with New Jersey, who wants to have their region 2 in our backyard, but we would like to propose an alternative of switching with them taking over their region 2 and they take our region 2 in 2020. If we do it we would be Thursday-Sunday after July 4, 2018.
- Association Cross Country @ Belmont Plateau November 3, 2018
- Region 2 Cross Country @ TBD November 24, 2018
  - ❖ Monique asked if the 2018 dates for cross country are secured. Annette stated November 3, 2018 is secured we are talking to a group in Hershey, for a change from always being at Belmont Plateau.



- ❖ Terrance asked if the association outdoor meet would be combined with open/masters, Annette stated we do not know yet. If we do the open/masters will be Friday & Saturday with the heavy throws on Friday, and the youth will be Saturday & Sunday.
- ❖ Annette said she would ask Earl Edwards the officials chair to send out an email for officials for Widener once she receives their schedule. She also wanted to thank Dave Thomas for the beautification at Belmont Plateau. Dave stated he cannot take all the credit majority of the upkeep and work has been done by Jim Moreno.

Mike interjected with the run-off ballot for HP for Michelle Getchell and Bill William Wright

### Administrative Committees

#### *Law and Legislation*

No report

#### *Membership*

See attached

#### *Budget and Finance*

- Annette asked that if you are on a committee to please work on budgets now so they can be finalized by November.
  - ❖ 1<sup>st</sup> draft due October 1, 2017
  - ❖ 2<sup>nd</sup> draft due October 15, 2017
  - ❖ Final draft due November 1<sup>st</sup> or 15<sup>th</sup> 2017

#### *Coaching Education*

- September 29-October 1, 2017 @ CCP

#### *Officials*

- Earl stated background checks and safe sport has hit officials hard, to date there are 104 officials as opposed to 248 in 2016. It diminishes what we can do with multiple meets going on around the same time.
- Finances are good for officials committee
- We had a death amongst our officials, a very good worker in Tom Fort
- At the convention we will be working on is an issue that is indigenous to PA which are the three points that must be completed to finish out your background checks (FBI, Criminal, & Child Abuse). When you complete your certification with NCSI it tells you thank you for completing your background check. Weeks later they contact you about submitting the additional requirements that you have to pay to upload.
- Officials' clinic will be October 1, 2017 @ Widener from 11:30-3:30pm. There will be training on individual events and a section for people to complete their safe sport and background check requirements.
- Email blasts are only sent to people that are certified officials, if they have not recertified they will not receive emails.
- Earl would also like to bring in younger officials, and would like to know if anyone has any ideas on how we can do that. The largest gathering is at the Penn Relays, but we need to find ways to keep them involved.
- Officials' annual meeting will be the 1<sup>st</sup> week in April 2018 tentatively.



- It was asked if the loss of officials is due in large part to just the background checks or are there other contributing factors that we can address. Earl stated that one factor could be we went up on our cost, because National went up on their costs as well. The cost from the officials pays for clinics, hotel rentals. Fee is paid every Olympiad. Annette stated she believes there are three factors contributing and that is cost, age, and not knowing the rules. Earl explained that there was a meet held in our association this year where a 10 year old jumped over the national record by about 1 meter, and the officials working the event did not know what the record was, 1 official was not recertified, and 1 person did not have membership renewed. The record was not accepted because of that and the athlete did not make that jump again.
- Monique asked when background checks are done are they notified by 2 people or just 1 person. Are they notified by the chair or NCSI. Earl stated the information comes from NCSI he does not get emails from NCIS informing him when backgrounds are done. USATF will tell you when your background is about to expire.

Mike interjected with results for HP Committee election which is as follows:

- ❖ Rogers Glispy
- ❖ Rohan Grant
- ❖ Carl Grossman
- ❖ Jelani Knight
- ❖ Solomiya Logan
- ❖ Kristine Longshore
- ❖ Lamar Moore
- ❖ Ed Richardson
- ❖ William Wright

Earl made a motion to accept the finding of the ballots, it was seconded by Jim Lamb and committee accepted by common consent. Monique made a motion to destroy the ballots, it was seconded by Earl.

#### *Communications*

No report

#### *Awards*

No report

### **Old Business**

No old business

### **New Business**

- Monique is the East Region Rep that supports 11 associations when it comes to accreditation. Also each association submits a name for volunteer of the year, but only one for each region is



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then submitted at the annual meeting. The name is due October 1, 2017 it was suggested that Jim be our volunteer for his work at the Plateau

- Kyle Lanier mentioned TNT International did a trial run for a 1 mile championship the 1<sup>st</sup> Sunday in August at Lincoln University, and is looking to have it added to the LDR series.

Annette made a motion to adjourn the meeting it was seconded by Mike, and accepted by common consent. Meeting was adjourned at 8:45pm

Minutes submitted by: Kisha D. Vaughn, Secretary





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USATF MID-ATLANTIC LDR REPORT  
Annual Meeting  
9/20/17

1. Grand Prix Challenge

a. After 5 events in the 11 possible scoring races, the top four clubs are:

Greater Philadelphia TC 2093.305 points

Philadelphia Runner/ PUMA TC 2073.433

Pike Creek Valley RC 2057.013

Athena Track Club 2044.935

b. The next two events are the Hands-On House Half Marathon in Lancaster, PA on 9/30/17 and the Delaware Distance Classic, 15K in Delaware City, DE on 10/8/17. Both races are USATF-MA Championship events.

2. Off -Road Series

a. After 6 events in the 8 race series the top four clubs are:

Pike Creek Valley RC 1987.95 points

Rosemont Running Club 1986.95

Greater Philadelphia TC 1918.16

Pineland Striders 1664.74

b. The next event is the Evansburg Challenge 9 mile trail run, 10/15/17, in Evansburg State Park, Collegeville, PA.

3. Cross Country

a. The USATF-MA Men's and Women's Masters Championships were held on 8/26/17 in conjunction with the Belmont Plateau XC Hall of Fame races on the 5 km course. Men's team results: 1st GPTC; 2nd Pineland Striders. Women's team results: 1st Philadelphia Masters; 2<sup>nd</sup> GPTC. Individual Champions - Chuck Shields, GPTC and Sarah Giroto, Philadelphia Masters .

b. The next event is the USATF-MA Men's and Women's Open and Senior Championships on 10/7/17 on the Belmont Plateau courses. The races will be held in conjunction with the Jack Saint Clair Memorial XC Race. The women run the 6,000 meter course, the men run the 8,000 meter course. The top 5 runners on each team will score.

4. Mountain/Ultra Running

a. Rosemont Running Club placed second in the USATF Mountain Running



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Championships held on 6/3/17 at Cranmore Ski Area, NH. Their elite men's open team consisted of seven runners.

b. The USATF 50 Mile Road Championships will be held on 10/8/17 in conjunction with the Tussey mOUntainBACK 50 mile relay and ultra marathon race in Rothrock State Park, PA.

#### 5. Philadelphia Marathon Exposition

Coordination for the USATF-MA promotional booth at the Expo is complete. Hours of operation at the Pennsylvania Convention Center are Friday, November 17th (12:00 pm - 9:00 pm) and Saturday, November 18th (10:00 am -7:00 pm). Please stop by the booth if you are entered in one of the races and are picking up your registration materials.

#### 6. LDR Committee Membership

We currently have 8 members out of 12 on the committee. We will lose four current members, including the chair, whose terms expire on December 31st and who have decided not to run for a new two year term. We need volunteers to step up and serve. Please contact the undersigned if you are interested for more information about the management of our association's long distance running program and its disciplines.

Submitted by,  
Ted Hardies, Chair, LDR , USATF-MA  
thardies@yahoo.com  
856-596-1626



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## **MEMBERSHIP AND SANCTIONS REPORT**

2016 MEMBERSHIP ON 9/21/2016 WAS 3972

2017 MEMBERSHIP ON 9/20/2017 IS 3647

2016 CLUB MEMBERSHIP ON 9/21/2016 WAS 125

2017 CLUB MEMBERSHIP ON 9/20/2017 IS 117

2016 SANCTIONS ON 9/21/2016 WAS 213

2017 SANCTIONS ON 9/20/2017 IS 211

SUBMITTED BY: DOREEN MCCOUBRIE

