

November 6, 2016

**USATF Mid-Atlantic 2016 Grand Prix  
Cooper Norcross Run The Bridge Event 10K**

1

**Club Results**

Last Name	First Name	City	State	Place	HH	MM	SS	WMA%	AG	AGE	G	Club	Club Name
Hranilovich	Stephen	Phoenixville	PA	67	0	41	12	<b>74.798</b>	50	53	M	5	<b>Philadelphia Masters</b>
Estilow	Lauren	Elkins Park	PA	411	0	51	3	<b>72.282</b>	55	56	F	5	
Pangborn	Denise	Morton	PA	332	0	49	12	<b>68.056</b>	45	48	F	5	
Boyle	Walter	Philadelphia	PA	573	0	53	19	<b>63.270</b>	60	63	M	5	
Kelnock	Linda	West Chester	PA	912	0	57	1	<b>59.398</b>	45	49	F	5	<b>337.803</b>
Sheinen	Andrew	Chesterbrook	PA	875	0	56	6	50.980	40	44	M	5	
Longshore	Kristine	Doylestown	PA	2321	1	14	50	44.744	45	48	F	5	
Breen	Diana	Philadelphia	PA	2496	1	22	48	39.191	45	45	F	5	
Hill	Shelley	West Deptford	NJ	589	0	53	36	<b>73.539</b>	60	61	F	9	<b>Pineland Striders</b>
Hellman	Joanna	Medford Lakes	NJ	550	0	52	53	<b>73.527</b>	55	60	F	9	
Dombrosky	Craig	Berlin	NJ	165	0	45	24	<b>70.301</b>	55	57	M	9	
Kretschmer	Michael	Berlin	NJ	101	0	43	12	<b>66.204</b>	40	44	M	9	
Bruckner	Joseph	West Berlin	NJ	495	0	51	46	<b>64.552</b>	60	62	M	9	<b>348.122</b>
Hellman	Jerry	Medford Lakes	NJ	639	0	53	16	62.735	60	62	M	9	
Semple	Lisa	Cherry Hill	NJ	676	0	53	46	62.275	45	48	F	9	
Murray	Dennis	Westampton	NJ	913	0	56	30	60.855	65	65	M	9	
Brown	Richard	Mt Laurel	NJ	1086	0	58	15	60.172	65	67	M	9	
Schuler	Robert	Marlton	NJ	1325	1	0	40	58.352	65	68	M	9	
Brynko	Barbara	Shamong	NJ	1903	1	8	43	58.162	60	62	F	9	
Hamersly	Mark	Mount Laurel	NJ	227	0	47	11	57.153	35	35	M	9	
Zmirich	Robert	Mount Laurel	NJ	1920	1	8	1	47.341	55	58	M	9	
Mason	Robert	Wilmington	DE	153	0	45	1	73.528	60	61	M	11	<b>Delaware Running and Sports Club</b>
Hampton	Joy	Clarksboro	NJ	653	0	54	7	<b>83.030</b>	65	70	F	14	<b>South Jersey Athletic Club</b>
Bergmann	Seth	Glassboro	NJ	179	0	45	40	<b>76.752</b>	65	67	M	14	
Sery	Jim	Clarksboro	NJ	86	0	42	24	<b>73.978</b>	50	55	M	14	
Cooper	Stanley	Cherry Hill	NJ	100	0	43	19	<b>73.682</b>	55	57	M	14	
Gandolfo	Maria	Haddon Heights	NJ	277	0	48	21	<b>73.492</b>	50	53	F	14	<b>380.934</b>
Hesketh	Robert	Sicklerville	NJ	122	0	44	4	71.785	55	56	M	14	
Doyle	Kevin	Medford	NJ	97	0	43	7	71.473	50	53	M	14	
Russen	Rodney	Collingswood	NJ	59	0	40	56	71.010	45	46	M	14	
Barker	Bruce	Haddonfield	NJ	72	0	41	20	68.105	40	42	M	14	
Mann	Charles	Cherry Hill	NJ	167	0	44	52	64.785	45	46	M	14	
Drag	Walter	Wantage	NJ	897	0	56	33	61.391	65	66	M	14	
Duffy	Lisa	Haddon Hts	NJ	1035	0	58	31	60.723	50	53	F	14	
Siconolfi	Michele	Cherry Hill	NJ	522	0	52	38	58.043	35	35	F	14	

## Club Results

Cauler	Gregory	York	PA	28	0	38	12	<b>83.551</b>	55	57	M	25	<b>Pike Creek Valley Running Club</b>
Wiechecki	David	Wilmington	DE	26	0	38	1	<b>81.762</b>	50	54	M	25	
Hodge	Brenda	York	PA	50	0	40	20	<b>80.455</b>	40	45	F	25	
O'Brian	Michael	Bear	DE	6	0	33	34	<b>79.593</b>	25	26	M	25	
Costello	John	Middletown	DE	45	0	40	2	<b>78.351</b>	55	55	M	25	<b>403.713</b>
Hannagan	Mark	Newark	DE	13	0	34	59	76.370	25	25	M	25	
Cutrona	Matthew	Wilmington	DE	33	0	38	41	75.140	45	46	M	25	
Sweigart	Sheri	Wilmington	DE	299	0	48	49	67.805	45	47	F	25	
Sweigart	Dirk	Wilmington	DE	217	0	46	55	67.425	55	56	M	25	
Knothe	Lynn	Wilmington	DE	488	0	52	18	59.369	35	39	F	25	
Herman	Gerald	Wilmington	DE	2239	1	12	18	51.245	70	72	M	25	
Olmstead	Betty	Wilmington	DE	2583	1	28	35	50.724	70	70	F	25	
Schultz	John	Wilmington	DE	2642	1	40	9	47.828	80	84	M	25	
O'Regan	Kathryn	Lititz	PA	21	0	37	26	<b>81.033</b>	30	31	F	28	<b>Bryn Mawr Running Club</b>
Albano	Susan	Drexel Hill	PA	75	0	41	32	<b>78.892</b>	45	46	F	28	
Kapner	Kenneth	Havertown	PA	91	0	42	36	<b>75.587</b>	55	58	M	28	
Vitali	Greg	Havertown	PA	115	0	43	53	<b>74.744</b>	55	60	M	28	
Bittinger	Peter	Merion Station	PA	110	0	43	45	<b>69.257</b>	50	51	M	28	<b>379.513</b>
Folzer	Sandra	Philadelphia	PA	1547	0	57	50	<b>87.205</b>	75	77	F	81	<b>Greater Philadelphia TC</b>
Boyer	Linda	North Wales	PA	150	0	44	59	<b>84.179</b>	55	58	F	81	
Jennings	Thomas	Ft Washington	PA	173	0	45	43	<b>81.043</b>	70	72	M	81	
King-Marino	Johnny	Doylestown	PA	39	0	39	2	<b>80.359</b>	55	55	M	81	
McGrath	Kyra	Bala Cynwyd	PA	448	0	51	46	<b>77.205</b>	60	62	F	81	<b>409.991</b>
Pugliese	Anthony	Audubon	NJ	79	0	41	47	76.386	55	57	M	81	
Aloyo	Vincent	Blue Bell	PA	404	0	51	0	70.131	65	69	M	81	
McManus	Diane	Upper Darby	PA	2125	1	10	37	59.051	65	65	F	81	
Dunn	Jackie	Philadelphia	PA	691	0	54	24	55.821	30	32	F	81	
Parikh	Kinjal	Philadelphia	PA	20	0	37	22	<b>81.178</b>	25	28	F	82	<b>Philadelphia Runner/Puma TC</b>
Bishop	Meghan	Philadelphia	PA	23	0	37	45	<b>80.353</b>	30	31	F	82	
Kelly	Lauren	Philadelphia	PA	24	0	37	47	<b>80.282</b>	25	26	F	82	
Wastvedt	Bjorn	Lansdowne	PA	9	0	33	59	<b>78.617</b>	25	26	M	82	
Balcavage	Dynise	Philadelphia	PA	136	0	44	40	<b>77.649</b>	50	51	F	82	<b>398.079</b>

November 6, 2016

USATF Mid-Atlantic 2016 Grand Prix  
Cooper Norcross Run The Bridge Event 10K

Club Results

McCoubrie	Doreen	West Chester	PA	74	0	41	27	87.897	50	55	F	155	Athena Track Club
Swan	Mary	Penn Valley	PA	80	0	41	47	87.196	55	55	F	155	
Dean	Abby	Philadelphia	PA	38	0	39	21	82.465	40	45	F	155	
Pangburn	Julie	Downingtown	PA	93	0	43	3	81.533	50	52	F	155	
Smith	Tara	Limerick	PA	77	0	41	39	77.191	40	44	F	155	416.282
Greenberg	Page	Malvern	PA	514	0	52	27	76.200	60	62	F	155	
Molz	Marie	Mount Laurel	NJ	1170	0	58	22	53.198	35	39	F	306	Moorestown Distance Running Project
Martin	James	Cherry Hill	NJ	1590	1	3	13	49.618	55	55	M	306	
Nessell	Megan	Lumberton	NJ	2494	1	21	10	38.480	35	40	F	306	
Hoey	Margaret	Oxford	PA	2054	1	9	47	71.029	75	76	F	1143	Hoey Investments Racing Team
Menasion	Samuel	Brookhaven	PA	104	0	43	28	75.460	60	60	M		Unattached
Lewis	Janet	Philadelphia	PA	174	0	45	48	70.197	40	44	F		Unattached